



Dear Neighbours,

As we approach the end of another meaningful and exciting year and the opening of our expanded facilities, this new chapter represents more than bricks and mortar - it symbolizes the growth of our community and the deepening of the support we are able to offer to those in need.

At this time, we want to share a story that embodies the heart of our work - a story about hope, connection and the profound difference that your support can make.

*Meet Diane. Diane is a widow in her late 70s who moved to our community many years ago to raise her family. After the passing of her husband, far from her family and friends, she found herself feeling isolated and alone. She wasn't sure where to turn for help, until one day, she came across the Grace Centre.*

*When Diane walked through our doors, she found more than just a place to spend her afternoons. She discovered a warm, welcoming community that embraced her like family. Through our programs, Diane made new friends, received support with her meals and found a renewed sense of purpose. We offered a place where she felt valued, supported, and loved.*

Diane's story is just one of many. Every day, seniors and families in our community face challenges that can seem overwhelming—loneliness, lack of nutrition and health issues, financial strain and so on. But with your help, we can continue to provide the vital services and support that make a world of difference.

**You never know when your loved one, or even yourself, may be faced with loneliness or food security challenges. We will be here to help.**

At Southern Frontenac Community Services (locally known as the Grace Centre), we are committed to enhancing the well-being of our community in South Frontenac and rural Kingston (north of the 401). From senior support services, health and wellness activities, and food security services, we aim to empower individuals and families to thrive, providing them with the resources and care they need to live with dignity and grace. **We continue to make a significant impact on the lives of those who need it most.**



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# Thanks to your generosity...

\*stats from 2023 fiscal year end



**38,789 services** provided through support programs for seniors




**5,227 participants** in Grace Social Activity Centre's social and exercise programs

over **12,000** hours of time donated by **238 volunteers**



**35%** of our food bank clients are children

Needs are increasing and you can help make a difference! 



## Double your Impact.

The demand for our services has never been higher. Seniors are South Frontenac's fastest growing demographic. Over the past year, we have seen a significant increase in the number of individuals and families seeking assistance. We continue to provide services to our rural seniors and vulnerable community members, but we cannot do it alone. Your generosity enables us to offer life-changing programs, from wellness and social activities to resources for seniors facing difficult times.

We are excited to announce we have an incredible opportunity to double the impact of your generosity. Thanks to a generous matching gift from a local anonymous donor, **every dollar you give will be matched-dollar for dollar—up to \$50,000.00, making your contribution go twice as far (all donations made up to January 17, 2025 will be matched)**. With this matching campaign, your donation will have an even greater effect, ensuring we can reach more people and make a bigger difference.

Please consider making a gift today. Together, we can make an even greater impact and continue to build a stronger, healthier, more supportive community - one where everyone has the opportunity to Grow with Grace.

Every dollar counts and goes directly towards supporting our programs and services. To help us track your generous contribution as part of this matching campaign, please identify your donation with **"doublemyimpact2024"**. This will help us maximize the impact of your support.

Thank you!

**Thank you for considering this request and for your ongoing support. Your support today will help us change lives tomorrow.**

Wishing you and your loved ones a happy and healthy holiday season.

With gratitude,



Heather Rogers  
Executive Director

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**2x**  
DOUBLE THE IMPACT,  
DOUBLE THE CARE

### YES! I want to double my impact!

Ways to donate your one-time or monthly tax deductible gift:



**Online**

Go to [www.sfcsc.ca](http://www.sfcsc.ca) to make an online donation



**Telephone**

Call **613-376-6477 ext. 202** to make a credit card donation



**E-transfer**

Send to [ally.dickson@sfcsc.ca](mailto:ally.dickson@sfcsc.ca) with subject line "doublemyimpact2024"



**In-person**

Visit us at **4295 Stagecoach Rd, Sydenham ON**, to make a donation via cash, cheque, debit, or credit.

